Name of Session:	What's your Personality Style?
Core Curriculum	Role Modeling & Ruach
Pillar:	Relationships & Community
Website Description:	Have you ever wondered why people are different and yet so
(Who, What, Why?)	similar? Take the Meyers Briggs Personality Inventory and
	learn about your style of leadership and how you interface with
	others. Understand how different personality styles are
	important in creating an effective camp staff team!
Outcomes:	Participants will get a better understanding of individual
What participants will	differences and how/why they all need each other to be most
be able to do at camp	effective at camp.
Knowledge to be	An understanding of different personality styles and how each
Acquired:	personality style complements the others.
Jewish Texts and/or	Community building by knowing oneself
Contexts:	
Materials Needed:	Overhead projector and screen or wall. Copies of the test and
	handouts.
Space Needs:	Nothing special
Maximum Number	Unlimited
of Participants:	

Opening Activity

Take the Meyers Briggs self score inventory, but don't score it.

Step-by-Step Session Description

- Explain how the Meyers-Briggs works, its theory, history (10 min.)
- Describe each category, using overheads (10 min.)
- Score Test (10 min.)
- MBTI (Myers Briggs Type Indicator) exercise (20 min.)
 - o What is it like for you to give a speech
 - Describe a Kleenex
 - o You have an employee who is always late. What do you do?
 - o Plan a vacation
- MBTI in work situations/connection to camp overhead and handouts (10 min.)

Planning for Camp

Time: 5 min

Time: 10 min

Time: 70 min

Discussion of how this applies to camp. How your personality and others' impacts you.